



INTERNATIONAL REFERENCE FRAMEWORK FOR THE PROFESSIONAL – IHCOS®

THE INTERNATIONAL HUMANISTIC COACHING SOCIETY

Each level consists of a set of requirements, including technical, social and emotional skills, a course with a curricular programme, practical training hours, hours of sessions, mentoring, supervision, study projects, tests, accepting the code of ethics, necessary for proving professional qualification of the IHCOS Professional. The farther the professional advances in level, the greater is the deepening of his/her experience and technical knowledge.

Level 1 HCC - HUMANISTIC COACHING COMPETENCIES –IHCOS®

Anyone who undergoes training to acquire skills for humanistic intervention and training, learning tools that may be applied in their personal and professional life, but does not act as a professional. Training contains 60 hours, with at least 6 days.

Level 2 HPG - HUMANISTIC PROFESSIONAL GUIDER –IHCOS®

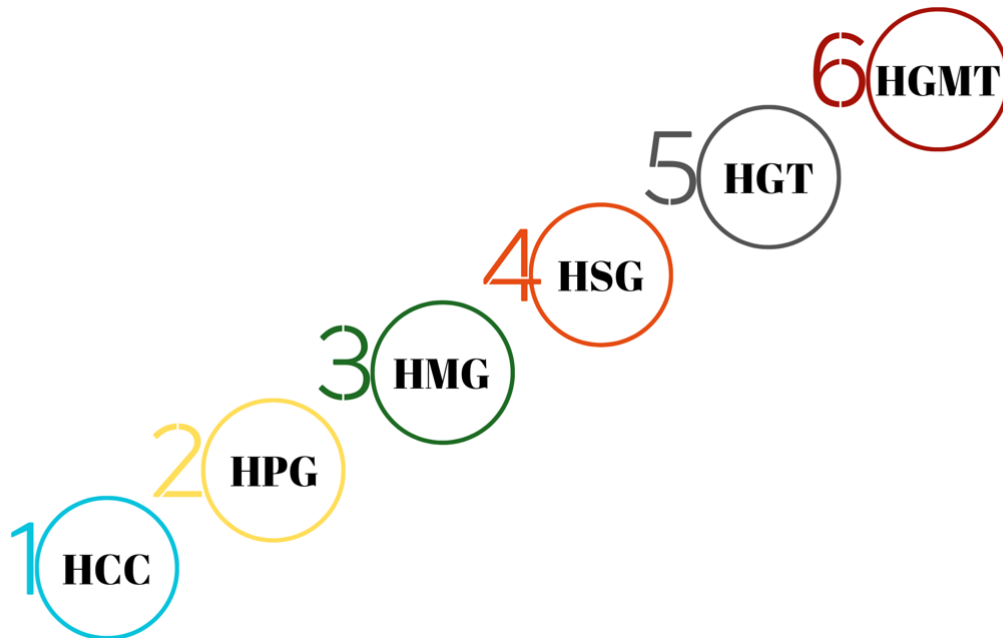
An internationally certified professional with a workload of 135 hours of training distributed, at a minimum, into 12 days, with practical assignments and supervision. He/she may act as a coach with this certification. At this level, there are specialisations, such as Business-Management-Team or Life-Health-Relationship, which are additional 40-hour courses.

Level 3 HMG - HUMANISTIC MASTER GUIDER –IHCOS®

The prerequisite for the International Certification of Humanistic Master Guider-IHCOS®, is to have the International Certification of Humanistic Guider–IHCOS®, or coach, or to be a clinical therapist. The training is 100 hours, spread over 9 days, with extra hours of work and supervision. At this level, there are specialisations, such as Executive or Life, which are additional 30-hour courses.



International Reference Framework for the Professional



Level 4 HSG - HUMANISTIC SENIOR GUIDER –IHCOS®

The Humanistic Senior Guider – IHCOS® has an international certification with a workload of 80 hours of training distributed, at a minimum, over 7 days, with supplementary work, in addition to having in his/her curriculum Certifications for level 2 and 3, or its equivalent.

Level 5 HGT - HUMANISTIC GUIDER TRAINER –IHCOS®

The Humanistic Guider Trainer – IHCOS®, is the professional who certifies professional Humanistic Guiders by IHCOS. The Humanistic Guider Trainer has the certifications of levels 2, 3 and 4. This professional is also subject to a process of supervision and monitoring by experienced Humanistic Guider Master Trainers, in a period defined in the directives of IHCOS, for professionals of this level.

Level 6 HGMT - HUMANISTIC GUIDER MASTER TRAINER –IHCOS®

In addition to being certified in all of the previous levels (1 to 5), this professional has experience of over 10 years, in certifying humanistic professional guiders by IHCOS.